



Cook food to a minimum internal temperature of:

	Whole Poultry (chicken, turkey)	82°C	180°F
	Poultry Pieces or Ground Poultry	74°C	165°F
	Hazardous Food Mixtures	74°C	165°F
	Ground Meats (beef, pork, lamb)	71°C	160°F
	Pork & Pork Products	71°C	160°F
	Fish	70°C	158°F

Use a probe thermometer to check cooking temperature.

For more information call the Halton Region Health Department:

Halton Region

905-825-6000

Toll free: 1-866-4HALTON (1-866-442-5866)

TTY: 905-827-9833

www.halton.ca

